

NO CLASSES

**Thanksgiving
Weekend**

11/26-11/30

Londonderry Workout Club

FALL 2 SWIM LESSON SCHEDULE

SIX WEEK SESSION; ONE CLASS A WEEK

Session begins Wednesday November 5, 2025

Monday 11/10-12/15	Tuesday 11/11-12/16	Wednesday 11/5-12/17	Thursday 11/6-12/18	Friday 11/7-12/19	Saturday 11/8-12/20	Sunday 11/9-12/21
9:45-10:15am Parent/Child Small Pool Marilyn 10:20-10:50am Guppy/Readiness w/caregiver Small Pool Marilyn 4:30-5:00pm Beginner/Level 1 Small Pool Jessica 5:05-5:50pm Advanced Beginner/Level 2 Lap Pool Jessica 5:55-6:40pm Intermediate/Lev 3 Lap Pool Jessica	Parent/Child (6 months-2.5 years), Readiness (2.5-3.5 years), Adult, Preschool level (ages 4&5) & School Age Beginner classes meet 30 min each week. <u>Members \$128</u> <u>Non-Members \$151</u> Most Youth Level classes (ages 6+) meet 45 min each week. <u>Members \$163</u> <u>Non-Members \$186</u> <i>**If a class is full, please join the waitlist – new classes will be added as they can</i>	9:45-10:15 am Guppy/Readiness w/caregiver Small Pool Marilyn 10:20-10:50am Parent/Child Small Pool Marilyn	11-11:30am Adult Beginner Both Pools Marilyn 11:35-12:05am Adult Intermediate Lap Pool Marilyn 12:10-12:40 Preschool Combined Small Pool Marilyn 4:30-5:00pm Starfish/Preschool 1 Small Pool Amy B 5:05-5:35pm Minnow/Preschool 2 Small Pool Amy B 5:40-6:10pm Dolphin/Preschool 3 Small Pool Amy B		9:00-9:30am Preschool Beginner/Lev 1&2 Small Pool Jessica 9:00-9:45am Advanced Beg. Lap Pool Spencer - TBD 9:35-10:05am Preschool Advanced/Lev 2&3 Small Pool Jessica 9:50-10:35am Intermediate Lap Pool Spencer- TBD 10:10-10:40 Beginner/Level 1 Small Pool Jessica 10:40-11:25 PreTeam/Lev 4,5&6 Lap Pool Spencer - TBD 10:45-11:30 Advanced Beginner/Level 2 Lap Pool Jessica 10:45-11:15 Parent/Child Small Pool Amy F 11:20-11:50am Guppy/Readiness w/parent Small Pool Amy F	9:00-9:30am Preschool Beg /Lev 1&2 Small Pool Sandy 9:35-10:05am Preschool Adv/Lev 2&3 Small Pool Sandy 9:30-10:15 Intermediate/Lev 3 Lap Pool Amy B 10:20-11:05am Advanced Beginner/Lev 2 Lap Pool Amy B 10:15-10:45 Parent/Child Small Pool Erin 10:50-11:20 am Parent/Child Small Pool Erin 11:10-11:40 Beginner Lev 1 Lap Pool Amy B

For Questions regarding swim lessons please contact Marilyn.Soraghan@theworkoutclub.com

****We do not offer makeups unless The Workout Club cancels. No refunds are given for classes**