



**LONDONDERRY Lap Pool **\*\*effective 11/5/25****

<b>MONDAY</b> 4:30AM-10PM	<b>TUESDAY</b> 4:30AM-10PM	<b>WEDNESDAY</b> 4:30AM-10PM	<b>THURSDAY</b> 4:30AM-10PM	<b>FRIDAY</b> 4:30AM-9PM	<b>SATURDAY</b> 5:30AM-6PM	<b>SUNDAY</b> 5:30AM-6PM
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 1-5 GSP MASTERS	7AM-8:15AM LANES 1-5 GSP MASTERS
9:30AM - 10:30AM LANES 4-6 AQUA FIT <i>*a 4<sup>th</sup> lane may be used depending on class size</i>		9AM – 10AM LANES 4-6 AQUA FIT <i>*a 4<sup>th</sup> lane may be used depending on class size</i>	Adult Swim Lessons Lane 6 11:00-12:05	9-10 AM LANES 4-6 AQUA FIT <i>*a 4<sup>th</sup> lane may be used depending on class size</i>	8:30AM-9:30AM LANES 4-6 AQUA FIT	9AM-10AM LANES 4-6 AQUA FIT
LHS Swim Team 3:15-5:00 Lanes 1-6	PA Swim Team 2:30-3:45 Lanes 1-6	LHS Swim Team 3:15-5:00 Lanes 1-6	PA Swim Team 2:30-3:45 Lanes 1-6	LHS Swim Team 3:15-5:00 Lanes 1-6	Swim Lessons 9:00-11:30am Lane 1 10:45-11:30 Lane 6	Swim Lessons 9:30-10:15am Lane 1 10:20-11:40 Lane 6
Swim Lessons 5:05-6:40 Lane 6	LHS Swim Team 3:45-5:15 Lanes 1-6		LHS Swim Team 3:45-5:15 Lanes 1-6			
RAYS Swim Team 5:00-6:00 Lanes 1-4	RAYS Swim Team 5:15-8:30 Lanes 1-5		RAYS Swim Team 5:15-8:30 Lanes 1-5	RAYS Swim Team 5:00-7:00 Lanes 1-5		
RAYS Swim Team 6:00-7:30 Lanes 1-5						
POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 8:30PM	POOL CLOSSES 5:30PM	POOL CLOSSES 5:30PM

**Fall 2 Swim Lessons will be held 11/5-12/21**

**HIGH SCHOOL SWIM BEGINS Monday 11/17**

**\*\*private swim lessons may use lanes at any given time**

**Members are asked to share lanes when necessary.**

**Families and children are welcome to use the lap pool when lanes are open**