



LONDONDERRY Lap Pool ****effective 1/12/26**

<u>MONDAY</u> 4:30AM-10PM	<u>TUESDAY</u> 4:30AM-10PM	<u>WEDNESDAY</u> 4:30AM-10PM	<u>THURSDAY</u> 4:30AM-10PM	<u>FRIDAY</u> 4:30AM-9PM	<u>SATURDAY</u> 5:30AM-6PM	<u>SUNDAY</u> 5:30AM-6PM
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 1-5 GSP MASTERS	7AM-8:15AM LANES 1-5 GSP MASTERS
9:30AM - 10:30AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>					8:30AM-9:30AM LANES 4-6 AQUA FIT	9AM-10AM LANES 4-6 AQUA FIT
	PA Swim Team 2:30-3:45 Lanes 1-6	9AM – 10AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>	Adult Swim Lessons Lane 6 11:00-12:05	9-10 AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>		
LHS Swim Team 3:15-5:00 Lanes 1-6	LHS Swim Team 3:45-5:15 Lanes 1-6	LHS Swim Team 3:15-5:00 Lanes 1-6	PA Swim Team 2:30-3:45 Lanes 1-6	Friday Fitness Swim 12-12:45 Lane 1	Swim Lessons 9:00-11:30am Lane 1 10:45-11:30 Lane 6	Swim Lessons 9:30-10:15am Lane 1 10:20-11:40 Lane 6
Swim Lessons 5:05-6:40 Lane 6	RAYS Swim Team 5:15-8:30 Lanes 1-5		LHS Swim Team 3:45-5:15 Lanes 1-6	LHS Swim Team 3:15-5:00 Lanes 1-6		
RAYS Swim Team 5:00-6:00 Lanes 1-4	Swim Lessons 5:20-6:05 & 6:45-7:30 Lane 6		RAYS Swim Team 5:15-8:45 Lanes 1-5	RAYS Swim Team 5:15-7:15 Lanes 1-5		
RAYS Swim Team 6:00-7:30 Lanes 1-5						
POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 8:30PM	POOL CLOSES 5:30PM	POOL CLOSES 5:30PM

Winter Swim Lessons will be held 1/14-2/22

HIGH SCHOOL SWIM MEETS – Fridays 1/16, 1/23 & 1/30 *Aquatics Center closes at 3:30pm*

****private swim lessons may use lanes at any given time**

Members are asked to share lanes when necessary.

Families and children are welcome to use the lap pool when lanes are open