



LONDONDERRY Lap Pool **effective 3/13/26****

MONDAY 4:30AM-10PM	TUESDAY 4:30AM-10PM	WEDNESDAY 4:30AM-10PM	THURSDAY 4:30AM-10PM	FRIDAY 4:30AM-9PM	SATURDAY 5:30AM-6PM	SUNDAY 5:30AM-6PM
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 1-5 GSP MASTERS	7AM-8:15AM LANES 1-5 GSP MASTERS
9:30AM - 10:30AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>		9AM – 10AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>	Adult Swim Lessons Lane 6 11:00-12:05	9-10 AM LANES 4-6 AQUA FIT <i>*a 4th lane may be used depending on class size</i>	8:30AM-9:30AM LANES 4-6 AQUA FIT	9AM-10AM LANES 4-6 AQUA FIT
Swim Lessons 5:05-6:40 Lane 6	Swim Lessons 4:30-6:05 & 6:45-7:30 Lane 6				Swim Lessons 9:00-10:35am Lane 1 10:45-11:30 Lane 6	Swim Lessons 12:35-2:10pm Lane 6
POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 8:30PM	POOL CLOSES 5:30PM	POOL CLOSES 5:30PM

Spring 1 Swim Lessons will run from 3/8/28-4/19/26

RAYS swim team will be on a break until late April

****private swim lessons may use lanes at any given time**

Members are asked to share lanes when necessary.

Families and children are welcome to use the lap pool when lanes are open