NO CLASSES

Thanksgiving

11/25-11/29

Londonderry Workout Club

18 Orchard View Drive 603-434-6565

FALL 2 SWIM LESSON SCHEDULE

SIX WEEK SESSION; ONE CLASS A WEEK

session begins Wednesday November 4, 2026

Monday 11/9-12/14	Tuesday 11/10-12/15	Wednesday 11/4-12/16	Thursday 11/5-12/17	Friday 11/6-12/18	Saturday 11/7-12/19	Sunday 11/8-12/20
10:20-10:50am Parent Child 6mo-3y Small Pool Marilyn 1	4:30-5:00pm Preschool Beginner Small Pool Amy B 5:20- 6:05pm Advanced Beginner/Lev 2 Lap Pool Brittany S 5:05-5:35pm Preschool Advanced Small Pool Amy B 6:10-6:55pm Intermediate/Level 3 Lap Pool Brittany S	9:45-10:15am Parent Child 6mo-3y Small Pool Marilyn 10:20-10:50am Preschool Combined Small Pool Marilyn 5:05-5:50pm Intermediate/Level 3 Lap Pool Brittany S 5:55-6:40pm Advanced Beginner/Level 2 Lap Pool Brittany S 6:45-7:30pm Pre-Team/Levels 4,5,6 Lap Pool Brittany S	12:00-12:30pm Adult Beginner Lap Pool Marilyn 12:35-1:05pm Adult Intermediate Lap Pool Marilyn 1:15 – 1:45 Guppy/Readiness w/caregiver Small Pool Marilyn 4:30-5:00pm Preschool Advanced Small Pool Sandy 5:05-5:35pm Preschool Beginner Small Pool Sandy 5:40-6:10 Beginner/Level 1 Small Pool Sandy	SCAN ME	9:00-9:30am Preschool Beginner/Lev 1&2 Small Pool Amy B 9:00-9:45am Intermediate/Lev 3 Lap Pool Jeff 9:35-10:05am Preschool Advanced/Lev 2&3 Small Pool Amy B 9:50-10:35 PreTeam/Lev 4,5&6 Lap Pool Jeff 10:10-10:40 Beginner/Level 1 Small Pool Amy B 10:45-11:30 Advanced Beginner/Level 2 Lap Pool Amy B 10:45-11:15am Parent/Child Small Pool 11:20-11:50am Guppy w/parent Small Pool	9:00-9:30 Preschool Beg/inner/Lev1&2 Small Pool Sandy 9:35-10:05 Preschool Advanced /Lev 2&3 Small Pool Sandy 10:10-10:40 Parent/Child Small Pool Sandy 10:45-11:15 Guppy w/parent Small Pool Sandy

Parent/Child (6 months-2.5 years), Readiness (2.5-3.5 years), Preschool level (ages 4&5) & School Age Beginner classes meet 30 min each week. *Members $128 Non-Members $151*

Adult & most Youth Level classes (ages 6+) meet 45 min each week. *Members $163 Non-Members $186*

***If a class is full, please join the waitlist – new classes will be added as they can*

For Questions regarding swim lessons please contact Marilyn.Soraghan@theworkoutclub.com

***We do not offer makeups unless The Workout Club cancels. No refunds are given for classes.*