

No Classes Saturday 2/7  
RAYS SWIM MEET



**Winter 2026 - SWIM LESSON SCHEDULE**  
**SIX WEEK SESSION; ONE CLASS A WEEK**  
**Begins Monday, January 5, 2026**

Monday 1/5-2/9	Tuesday 1/6-2/10	Wednesday 1/7-2/11	Thursday 1/8-2/12	Friday	Saturday 1/10-2/21 NO CLASS 2/7	Sunday 1/11-2/15
10:55-11:25am Guppies/Readiness w/Parent Splash Zone Sharon		12:30pm-1:00pm Parent/Child/Guppies Family Pool Aimee	10:20-10:50am Parent/Child Family Pool Sharon		9:00-9:30am Guppies/Readiness w/Parent Family Pool Aimee	9:00-9:30am Parent/Child Family Pool Lisa
4:30-5:15pm Pre Team Level 4, 5 Lap Pool Lane 8 Elizabeth	4:30-5:00pm Starfish/Preschool 1 Splash Zone Mark	1:05-1:35pm Dolphin/Preschool 3 Family Pool/Lane 8 Aimee	10:55-11:25am Minnow/PreSchool2 Splash Zone Sharon		9:05-9:35am Starfish/Preschool 1 Splash Zone Yulian	9:05-9:35am Beginner/Level 1 Slide Pool Mikaela
5:30-6:15pm Intermediate/Level 3 Lap Pool Lane 8 Yulian	5:05-5:35pm Minnow/PreSchool2 Splash Zone Mark	4:35-5:05pm Beginner/Level 1 Family Pool Tori	4:30-5:00pm Dolphin/PreSchool33 Slide Pool Mark		9:15-10:00am Intermediate/Level 3 Lap Pool Lane 1 Addison	9:35-10:05am Guppies/Readiness w/Parent Splash Zone Lisa
6:20-7:05pm Adv Beginner/Level 2 Family Pool Yulian	5:05-5:50pm Adv Beg/Level 2 Family Pool Mikaela	5:10-5:40pm Dolphin/PreSchool 3 Family Pool Tori	5:05-5:35pm Starfish/PreSchool 1 Splash Zone Mark		9:35-10:05am Parent/Child Family Pool Aimee	9:40-10:25am Adv Beginner/Level 2 Slide Pool Mikaela
6:30-7:30pm New! Rising Rays Lap Pool Lane 8 Aimee	5:40-6:10pm Dolphin/PreSchool 3 Slide Pool Mark	5:45-6:30pm PreTeam Level 4/5 Lap Pool Lane 8 Elizabeth	5:30-6:15pm Intermediate/Level 3 Lap Pool Lane 8 Yulian		9:40-10:10am Minnows/Preschool 2 Splash Zone Yulian	10:10-10:40am Guppies/Readiness w/Parent Splash Zone Lisa
6:55-7:25pm Adult Beginner Family Pool Sharon		6:30-7:30pm New! Rising Rays Lap Pool Lane 8 Aimee	5:40-6:10pm Minnow/PreSchool 2 Splash Zone Mark		10:05-10:50am Adv Beginner/Level 2 Family Pool/Lap Pool Addison	10:30-11:15am Intermediate/Level 3 Lap Pool Mikaela
7:30-8:00pm Adult Intermediate Lap Pool Lane 8 Sharon			6:20-7:05pm PreTeam Lap Pool Lane 8 Yulian		10:10-10:40am Parent/Child Family Pool Aimee	10:45-11:15am Guppies/Readiness w/Parent Splash Zone Lisa
<b>Adults, Parent/Child, Guppies, Pre School &amp; Level 1 classes meet 30 minutes each week</b>						
Member Price \$128      Non-Member Price \$151						
<b>Level 2, 3 &amp; Pre-Team 4/5 classes meet 45 minutes each week</b>						
Member Price \$163      Non-Member Price \$186						
10:15-10:45am Dolphins/Preschool 3 Slide Pool Yulian						
10:45-11:15am Guppies/Readiness w/Parent Family Pool Aimee						
10:55-11:40am Pre-team/Level 4/5/6 Lap Pool Lane 1 Addison						
11:30-12:00pm Beginner/Level 1 Slide Pool Mikaela						
12:05-12:35pm Starfish/Preschool 1 Splash Zone Mikaela						

Questions regarding swim lessons please contact Aimee Hazard at [aimee.hazard@theworkoutclub.com](mailto:aimee.hazard@theworkoutclub.com)

We do not offer makeups unless The Workout Club Cancels. No refunds are given for classes. **23**