Salem Lap Pool Schedule

Lessons Begin January 5, 2026

Lane #	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Lane #
	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	
4:30 AM								4:30 AM
5:00 AM								5:00 AM
5:30 AM								5:30 AM
6:00 AM								6:00 AM
6:30 AM								6:30 AM
7:00 AM								7:00 AM
7:30 AM								7:30 AM
8:00 AM								8:00 AM
8:30 AM								8:30 AM
9:00 AM								9:00 AM
9:30 AM		Aqua Fit		Aqua Fit		Aqua Fit	LESSONS	9:30 AM
10:00 AM								10:00 AM
10:30 AM	LESSONS							10:30 AM
11:00 AM								11:00 AM
11:30 AM	ANGELFISH							11:30 AM
12:00 PM								12:00 PM
12:30 PM								12:30 PM
1:00 PM								1:00 PM
1:30 PM								1:30 PM
2:00 PM								2:00 PM
2:30 PM								2:30 PM
3:00 PM		Pinkerton		Pinkerton		Pelham		3:00 PM
3:30 PM			Alvirne		Alvirne		Alvirne	3:30 PM
4:00 PM								4:00 PM
4:30 PM			Pelham		Pelham			4:30 PM
5:00 PM								5:00 PM
5:30 PM	Pool Closed						Pool Closed	5:30 PM
6:00 PM			Windham		Windham			6:00 PM
6:30 PM								6:30 PM
7:00 PM		Windham						7:00 PM
7:30 PM								7:30 PM
8:00 PM								8:00 PM
8:30 PM						Pool Closed		8:30 PM
9:00 PM								9:00 PM
9:30 PM		Pool Closed	Pool Closed	Pool Closed	Pool Closed			9:30 PM

LESSONS

AFISH

ANGELFISH

LESSONS

LESSONS

Splash Zone/Family Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-11:15am Swim Lessons 9-4p Angelfish 12-5pm Slide Open Lifeguard On Birthday Parties	10:55-11:30am Swim Lessons 6:15-7:30pm Swim Lessons	10:00-11:00am Moving Easy w/Millie 11-7:15pm Angelfish 4:30-6:15pm Swim Lessons	12:30-1:35pm Swim Lessons 4:30-5:45pm Swim Lessons	10:20-11:30am Swim Lessons 4:30-7:00pm Swim Lessons	workout club 5:00-7:00pm Lifeguard On Birthday Parties	9:00-11:15am Swim Lessons 12-5pm Slide Open Lifeguard On Birthday Parties
Pool Closes @ 5:30pm	Pool Closes @ 9:30pm	Pool Closes @ 9:30pm	Pool Closes @ 9:30pm	Pool Closes @ 9:30pm	Pool closes @ 8:30pm	Pool Closes @ 5:30pm

*Pool schedule is subject to change. There are ongoing private lessons, clinics and scuba classes that are held which may not appear on this schedule.
Please check for lane reserved signs on the pool deck.
The slide can only open when a lifeguard is on duty. Splash Zone is open when no swim lessons are present.

Splash Passes Available to the public from
12:00-5pm Saturday and 12:30-5pm Sunday

Ages 14+ $15/Member $20/Non-Member
Ages 13/U $10/Member $15/Non-Member
1 Week Pass $45/Member $65/Non-Member