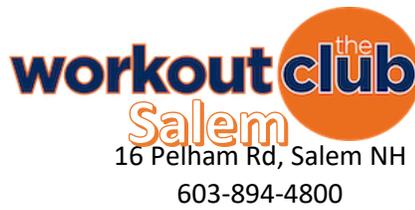


No Classes Sunday 4/5
Happy Easter!



Spring 1 2026 - SWIM LESSON SCHEDULE
SIX WEEK SESSION; ONE CLASS A WEEK
Begins Sunday March 8, 2026

Monday 3/9-4/13	Tuesday 3/10-4/14	Wednesday 3/11-4/15	Thursday 3/12-4/16	Friday	Saturday 3/14-4/18	Sunday 3/8-4/19 No Class 4/5
<p>10:55-11:25am Parent/Child/Guppies Family Pool Sharon</p> <hr/> <p>4:40-5:25pm Pre Team Level 4, 5 Lap Pool Lane 8 Aimee/Hannah</p> <hr/> <p>5:30-6:15pm Intermediate/Level 3 Lap Pool Lane 8 Yulian/Hannah</p> <hr/> <p>6:20-6:50pm NEW! TRIATHLON TRAINING Lap Pool Lane 1 Sharon</p> <hr/> <p>6:20-7:05pm Adv Beginner/Level 2 Family Pool Yulian/Hannah</p> <hr/> <p>6:30-7:30pm Rising Rays Lap Pool Lane 8 Aimee</p> <hr/> <p>6:55-7:25pm Adult Beginner Family Pool Sharon</p> <hr/> <p>7:30-8:00pm Adult Intermediate Lap Pool Lane 8 Sharon</p>	<p>11:00-11:30 Parent/Child/Guppies Family Pool Deb</p> <hr/> <p>11:35-12:05 PreSchool Splash Zone Deb</p> <hr/> <p>4:30-5:00pm Starfish/Preschool 1 Splash Zone Tori</p> <hr/> <p>5:05-5:35pm Minnow/PreSchool2 Splash Zone Tori</p>	<p>12:30pm-1:00pm Parent/Child/Guppies Family Pool Aimee</p> <hr/> <p>1:05-1:35pm Dolphin/Preschool 3 Family Pool Aimee</p> <hr/> <p>4:30-5:00pm Beginner/Level 1 Family Pool Tori</p> <hr/> <p>5:05-5:35pm Dolphin/PreSchool 3 Slide Pool Tori</p> <hr/> <p>6:30-7:30pm Rising Rays Lap Pool Lane 8 Aimee</p>	<p>10:20-10:50am Parent/Child/Guppies Family Pool Sharon</p> <hr/> <p>10:55-11:25am PreSchool Splash Zone Sharon</p> <hr/> <p>5:30-6:15pm Intermediate/Level 3 Lap Pool Lane 8 Yulian</p> <hr/> <p>6:20-7:05pm PreTeam Lap Pool Lane 8 Yulian</p>		<p>9:00-9:30am Guppies w/Parent Family Pool Aimee</p> <hr/> <p>9:05-9:35am Starfish/Preschool 1 Splash Zone Yulian/Abby</p> <hr/> <p>9:15-10:00am Intermediate/Level 3 Lap Pool Lane 1 Addison</p> <hr/> <p>9:35-10:05am Parent/Child Family Pool Aimee</p> <hr/> <p>9:40-10:10am Minnows/Preschool 2 Slide Pool Yulian/Abby</p> <hr/> <p>10:05-10:50am Adv Beginner/Level2 Family Pool Addison/Abby</p> <hr/> <p>10:10-10:40am Parent/Child Family Pool Aimee</p> <hr/> <p>10:15-10:45am Dolphins/Preschool 3 Slide Pool Yulian</p> <hr/> <p>10:45-11:15am Guppies w/Parent Family Pool Aimee</p> <hr/> <p>10:55-11:40am Pre-team/Level 4/5/6 Lap Pool Lane 1 Addison/Abby</p>	<p>9:00-9:30am Starfish/PreSchool 1 Splash Zone Deb/Abby</p> <hr/> <p>9:00-9:45am Intermediate/Level 3 Lane 1 Mikaela</p> <hr/> <p>9:35-10:05am Parent/Child/Guppies Family Pool Deb</p> <hr/> <p>9:50-10:35am Adv Beginner/Level 2 Slide Pool Mikaela/Abby</p>
<p>Adults, Parent/Child, Guppies, Pre School & Level 1 classes 30 min Member Price \$128 Non-Member Price \$151 Level 2, 3 & Pre-Team 4/5 classes 45 min Member Price \$163 Non-Member Price \$186</p>						

Questions regarding swim lessons please contact Aimee Hazard at aimee.hazard@theworkoutclub.com
We do not offer makeups unless The Workout Club Cancels. No refunds are given for classes.