



16 Pelham Rd, Salem NH
603-894-4800

Spring 2 2026 - SWIM LESSON SCHEDULE
SIX WEEK SESSION; ONE CLASS A WEEK
Begins Monday, May 4, 2026

No Classes May 23-25
Memorial Day Weekend



Monday 5/4-6/15 No Class 5/25	Tuesday 5/5-6/9	Wednesday 5/6-6/10	Thursday 5/7-6/11	Friday	Saturday 5/9-6/20 No Class 5/23	Sunday 5/10-6/21 No Class 5/24
<p>11:10-11:40am Parent/Ch/Guppy Family Pool Sharon</p> <hr/> <p>4:40-5:25pm Pre Team Lap Pool Lane 8 Hannah</p> <hr/> <p>5:30-6:15 Adv Beginner Family Pool Hannah</p> <hr/> <p>5:30-6:15pm Intermediate Lap Pool Lane 8 Yulian</p> <hr/> <p>6:20-6:50pm ADULT Intermediate & Triathlon Training Lap Pool Lane 1 Sharon</p> <hr/> <p>6:20-7:05pm Adv Beginner Family Pool Yulian</p> <hr/> <p>6:30-7:30pm Rising Rays Lap Pool Lane 8 Aimee</p> <hr/> <p>6:55-7:25pm ADULT Beginner Family Pool Sharon</p>	<p>4:30-5:00pm Starfish Splash Zone Tori</p> <hr/> <p>5:05-5:35pm Minnow Splash Zone Tori</p>	<p>12:30-1:00pm Parent/Ch/Guppy Family Pool Aimee</p> <hr/> <p>1:05-1:35pm Adv Dolphin Family Pool Aimee</p> <hr/> <p>4:30-5:00pm Beginner Family Pool Tori</p> <hr/> <p>5:05-5:35pm Dolphin Slide Pool Tori</p> <hr/> <p>6:30-7:30pm Rising Rays Lap Pool Lane 8 Aimee</p>	<p>10:20-10:50am Parent/Ch/Guppy Family Pool Sharon</p> <hr/> <p>10:55-11:25am PreSchool Splash Zone Sharon</p> <hr/> <p>5:30-6:15pm Intermediate Lap Pool Lane 8 Yulian</p> <hr/> <p>6:20-7:05pm Adv Beginner Family Pool Yulian</p>		<p>9:00-9:30am Guppy Family Pool Aimee</p> <hr/> <p>9:05-9:35am Starfish Splash Zone Yulian</p> <hr/> <p>9:15-10:00am Intermediate Lap Pool Lane 1 Addison</p> <hr/> <p>9:35-10:05am Parent/Child Family Pool Aimee</p> <hr/> <p>9:40-10:10am Minnow Slide Pool Yulian</p> <hr/> <p>10:05-10:50am Adv Beginner Family Pool Addison</p> <hr/> <p>10:10-10:40am Parent/Child Family Pool Aimee</p> <hr/> <p>10:15-10:45am Dolphin Slide Pool Yulian</p> <hr/> <p>10:45-11:15am Guppy Family Pool Aimee</p> <hr/> <p>10:55-11:40am Pre-Team Lap Pool Lane 1 Addison</p>	<p>9:00-9:30am Starfish Splash Zone Abby</p> <hr/> <p>9:35-10:05am Minnow Slide Pool Abby</p> <hr/> <p>10:10-10:40am Dolphin Slide Pool Abby</p> <hr/> <p>10:30-11:15am Adv Beginner Family Pool Hannah</p> <hr/> <p>10:50-11:20 Parent/Ch/Guppy Family Pool Marilyn</p> <hr/> <p>11:25-11:55a Parent/Ch/Guppy Family Pool Marilyn</p> <hr/> <p>11:20-11:50 Minnow Slide Pool Hannah</p> <hr/> <p>11:55-12:40pm Intermediate Lap Pool Lane 1 Hannah</p>
<div style="border: 1px solid green; padding: 10px; text-align: center;"> <p>Adult, Parent/Child/Guppy, PreSchool & Beg 30 min Member Price \$128 Non-Member Price \$151</p> <p>School Age Adv Beg, Intermed & Pre-Team 45 min Member Price \$163 Non-Member Price \$186</p> </div>						
						 <p>SCAN ME TO REGISTER!</p>

Questions regarding swim lessons please contact Aimee Hazard at aimee.hazard@theworkoutclub.com

We do not offer make-ups unless The Workout Club Cancels. No refunds are given for classes.