



LONDONDERRY Lap Pool ****effective 3/19/24**

<u>MONDAY</u> <u>5AM-10PM</u>	<u>TUESDAY</u> <u>5AM-10PM</u>	<u>WEDNESDAY</u> <u>5AM-10PM</u>	<u>THURSDAY</u> <u>5AM-10PM</u>	<u>FRIDAY</u> <u>5AM-9PM</u>	<u>SATURDAY</u> <u>6AM-6PM</u>	<u>SUNDAY</u> <u>6AM-6PM</u>
<p>9:30AM - 10:30AM LANES 4-6 AQUA FIT</p> <p>-----</p> <p>POOL CLOSSES 9:30PM</p>	<p>6AM – 7AM LANES 2-5 GSP MASTERS</p> <p>-----</p> <p>POOL CLOSSES 9:30PM</p>	<p>9AM – 10AM LANES 4-6 AQUA FIT</p> <p>-----</p> <p>5:00-7:25 Lane 6 Swim Lessons</p> <p>-----</p> <p>5:15-6:15 AQUA FIT LANES 5-6</p> <p>-----</p> <p>POOL CLOSSES 9:30PM</p>	<p>6AM – 7AM LANES 2-5 GSP MASTERS</p> <p>-----</p> <p>4:30- 6:55 Lane 6 Swim Lessons</p> <p>-----</p> <p>POOL CLOSSES 9:30PM</p>	<p>9-10 AM LANES 4-6 AQUA FIT</p> <p>-----</p> <p>POOL CLOSSES 8:30PM</p>	<p>7AM-8:15AM LANES 1-5 GSP MASTERS</p> <p>-----</p> <p>8:30AM-9:30AM LANES 4-6 AQUA FIT</p> <p>-----</p> <p>9 :00-10:35 Lane 1 Swim Lessons</p> <p>-----</p> <p>10 :45-11 :30 Lane 6 Swim Lessons</p> <p>-----</p> <p>POOL CLOSSES 5:30PM</p>	<p>7AM-8:15AM LANES 1-5 GSP MASTERS</p> <p>-----</p> <p>9AM-10AM LANES 4-6 AQUA FIT</p> <p>-----</p> <p>9 :30-11 :55 Lane 1 Swim Lessons</p> <p>-----</p> <p>10 :10-10:55 Lane 6 Swim Lessons</p> <p>-----</p> <p>POOL CLOSSES 5:30PM</p>

There is always at least 1 lane available for lap swimming throughout each day

Spring 1 Swim Lessons in lap pool run until 4/14/24

RAYS swim team practices begin 4/29/24

Spring 2 Swim Lessons will begin in early May