





the workout club

Salem



Lap Pool Schedule

Effective:

**3/17/24-
5/1/24**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00–10:00am  Aqua Fit Lanes 6,7, & 8 5 Lanes open		9:00–10:00am  Aqua Fit Lanes 6, 7, & 8 5 Lanes open		9:00–10:00am  Aqua Fit Lanes 6, 7, & 8 5 Lanes open	9:15a – 11:40p Swim Lessons Lanes 1 & 2 6 Lanes open	
5:00-7:00pm Swim Lessons Lanes 1 & 8 6 Lanes open	4:30-6:15pm Swim Lessons Lane 1 7 Lanes open	5:00-6:00pm Swim Lessons Lane 1 7 Lanes open	4:55-7:00pm Swim Lessons Lane 1 7 Lanes open		11:40am-Close 8 Lanes open	10:30am-Close 8 Lanes open
7:00pm-Close 8 Lanes open	6:15pm-Close 8 Lanes open	6:00pm-Close 8 Lanes open	7:00pm-Close 8 Lanes open	10:00am-Close 8 Lanes open		
Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @8:30pm	Pool Closes @5:30pm	Pool Closes @5:30pm

Splash Zone/Family Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	10:00-11:00am Moving Easy w/Millie		10:20-11:30am Swim Lessons		9:00-11:35am Swim Lessons	9:00-11:15am Swim Lessons
4:00-6:15pm Swim Lessons	4:15-6:30pm Swim Lessons	4:00-5:35pm Swim Lessons	4:30-6:15pm Swim Lessons		 On Duty 12:30-4:30pm Slide open	 On Duty 12:30-4:30pm Slide open
Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @9:30pm	Pool Closes @8:30pm	Pool Closes @5:30pm	Pool Closes @5:30pm

*Pool Schedule is subject to change. There are ongoing private lessons, clinics and scuba classes that are held which may not appear on this schedule. Please check for lane reserved signs on the pool deck. The slide can only open when a lifeguard is on duty. Splash Zone is open when no swim lessons are present.