



# LONDONDERRY Lap Pool **\*\*effective 7/7/24**

<b>MONDAY</b> <b>5AM-10PM</b>	<b>TUESDAY</b> <b>5AM-10PM</b>	<b>WEDNESDAY</b> <b>5AM-10PM</b>	<b>THURSDAY</b> <b>5AM-10PM</b>	<b>FRIDAY</b> <b>5AM-9PM</b>	<b>SATURDAY</b> <b>6AM-6PM</b>	<b>SUNDAY</b> <b>6AM-6PM</b>
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 1-5 GSP MASTERS	7AM-8:15AM LANES 1-5 GSP MASTERS
9:30AM - 10:30AM LANES 4-6 QUA FIT		9AM – 10AM LANES 4-6 AQUA FIT		9-10 AM LANES 4-6 AQUA FIT	8:30AM-9:30AM LANES 4-6 AQUA FIT	9AM-10AM LANES 4-6 AQUA FIT
				<b>Swim Lessons</b> 9 :00-10 :35 Lane 1, 2 or 6		
11am-12pm Ninja Camp Lanes 5&6	11am-12pm Ninja Camp Lanes 5&6	11am-12pm Ninja Camp Lanes 5&6	11am-12pm Ninja Camp Lanes 5&6	11am-12pm Ninja Camp Lanes 5&6		
			<b>Swim Lessons</b> 5 :00-6 :40 Lane 6			
4:30-5:30 RAYS Swim Team Lanes 1-4		5:15-6:15 AQUA FIT LANES 5-6	5:00-7:00 RAYS Swim Team Lanes 1-4	5:00-7:30 RAYS Swim Team Lanes 1-4		
5:30-7 RAYS Swim Team Lanes 1-5	5:00-8:30 RAYS Swim Team Lanes 1-5	<b>Swim Lessons</b> 5 :00-7 :25 Lane 1	7-8:30 RAYS Swim Team Lanes 1-5			
POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 8:30PM	POOL CLOSES 5:30PM	POOL CLOSES 5:30PM

*There is always at least 1 lane available for lap swimming throughout each day*

**RAYS swim team practices end July 25,2024**

**Ninja Camp runs from June 24-August 16, 2024**

**Summer Swim Lessons run July 8-August 17, 2024**