

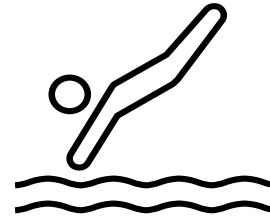
Londonderry Workout Club

18 Orchard View Drive 603-434-6565

FALL 1 SWIM LESSON SCHEDULE

SIX WEEK SESSION; ONE CLASS A WEEK

Session begins September 19, 2024



Monday 9/23-10/28	Tuesday 9/24-10/29	Wednesday 9/25-10/30	Thursday 9/19-10/24	Friday 9/20-10/25	Saturday 9/21-10/26	Sunday 9/22-10/27
<p>**NEW DAY! 10:00-10:30am Guppy/Readiness w/caregiver Small Pool Marilyn</p> <p>10:35-11:05 Parent/Child Small Pool Marilyn</p> <p>**NEW CLASSES! 4:30-5:00pm Guppy/Readiness w/caregiver Small Pool Cheri</p> <p>5:05-5:35pm Parent/Child Small Pool Cheri</p>	<p>**NEW CLASSES! 4:30-5:00 Starfish/Preschool 1 Small Pool Cheri</p> <p>5:05-5:35 Minnow/Preschool 2 Small Pool Cheri</p> <p>5:40-6:10 Dolphin/Preschool 3 Small Pool Cheri</p>	<p>5:00-5:45pm Adv. Beginner/Level 2 Lap Pool Brittany S</p> <p>5:50-6:35pm Intermediate//Level 3 Lap Pool Brittany S</p> <p>6:40-7:25pm Pre-Team/Levels 4,5,6 Lap Pool Brittany S</p>	<p>4:30-5:00pm Beginner/Level 1 Small Pool Brittany S</p> <p>5:05-5:50pm Advanced Beginner/Level 2 Lap Pool Brittany S</p> <p>5:55-6:40pm Intermediate/Lev 3 Lap Pool Brittany S</p>	<p>ADULT SWIM CLASSES with Krystle</p> <p>8:30-9:15 Intermediate Lap Pool</p> <p>9:20-10:05 Beginner Lap Pool</p> <p>**NEW CLASSES</p> <p>12:30-1:00pm Preschool Beginner Small Pool Marilyn</p> <p>1:05-1:35pm Preschool Advanced Small Pool Marilyn</p>	<p>9:00-9:30am Starfish/Preschool 1 Small Pool Cheri</p> <p>9:30-10:15 Advanced Beginner/Level 2 Lap Pool Brittany S</p> <p>9:35-10:05 Minnow/Preschool 2 Small Pool Cheri</p> <p>10:20-11:05 Intermediate/Lev3 Lap Pool Brittany S</p> <p>10:10-10:40am Dolphin/Preschool 3 Small Pool Cheri</p> <p>10:45-11:15am Guppy/Readiness w/caregiver Small Pool Cheri</p> <p>11:10-11:55am Pre-Team/Level 4,5&6 Lap Pool Brittany S</p>	<p>9:15-9:45am Guppy/Readiness w/caregiver Small Pool Marilyn</p> <p>9:30-10:15am Advanced. Beginner/Lev 2 Lap Pool Elena&Brooke</p> <p>9:50-10:20 Parent/Child Small Pool Marilyn</p> <p>10:20-10::50 Beginner/Lev 1 Lap Pool Elena</p> <p>10:20-11:05 Intermediate/Lev 3 Lap Pool Brooke</p> <p>10:25-10:55 Parent/Child Small Pool Marilyn</p> <p>11:00-11:30 Dolphin/Lev 3 Small Pool Elena</p> <p>11:10-11:40 Beginner/Lev 1 Lap Pool Brooke</p>
<p>Parent/Child (6 months-2.5 years), Readiness (2.5-3.5 years), Preschool level (ages 4&5) & School Age Beginner classes meet 30 min each week. <u>Members \$128 Non-Members \$151</u></p> <p>Adult & most Youth Level classes (ages 6+) meet 45 min each week. <u>Members \$163</u></p> <p><u>Non-Members \$186</u></p>						
<p>For Questions regarding swim lessons please contact us Marilyn.Soraghan@theworkoutclub.com</p> <p>**We do not offer makeups unless The Workout Club Cancels. No refunds are given for classes.</p>						