



LONDONDERRY Lap Pool ****effective 9/23/24**

<u>MONDAY</u> <u>5AM-10PM</u>	<u>TUESDAY</u> <u>5AM-10PM</u>	<u>WEDNESDAY</u> <u>5AM-10PM</u>	<u>THURSDAY</u> <u>5AM-10PM</u>	<u>FRIDAY</u> <u>5AM-9PM</u>	<u>SATURDAY</u> <u>6AM-6PM</u>	<u>SUNDAY</u> <u>6AM-6PM</u>
<p>9:30AM - 10:30AM LANES 4-6 QUA FIT</p> <p>4:30-5:30 RAYS Swim Team Lanes 1-4</p> <p>5:30-7 RAYS Swim Team Lanes 1-5</p> <p>POOL CLOSSES 9:30PM</p>	<p>6AM – 7AM LANES 2-5 GSP MASTERS</p> <p>5:00-8:30 RAYS Swim Team Lanes 1-5</p> <p>POOL CLOSSES 9:30PM</p>	<p>9AM – 10AM LANES 4-6 AQUA FIT</p> <p>5:15-6:15 AQUA FIT LANES 5-6</p> <p>Swim Lessons 5 :00-7 :25 Lane 1</p> <p>POOL CLOSSES 9:30PM</p>	<p>6AM – 7AM LANES 2-5 GSP MASTERS</p> <p>Swim Lessons 5 :00-6 :40 Lane 6</p> <p>5:00-7:00 RAYS Swim Team Lanes 1-4</p> <p>7-8:30 RAYS Swim Team Lanes 1-5</p> <p>POOL CLOSSES 9:30PM</p>	<p>9-10 AM LANES 4-6 AQUA FIT</p> <p>Swim Lessons 8 :30-10 :05am Lane 1</p> <p>5:00-7:30 RAYS Swim Team Lanes 1-4</p> <p>POOL CLOSSES 8:30PM</p>	<p>7AM-8:15AM LANES 1-5 GSP MASTERS</p> <p>8:30AM-9:30AM LANES 4-6 AQUA FIT</p> <p>Swim Lessons 9 :30-11 :55 Lane 1 or 6</p> <p>POOL CLOSSES 5:30PM</p>	<p>7AM-8:15AM LANES 1-5 GSP MASTERS</p> <p>9AM-10AM LANES 4-6 AQUA FIT</p> <p>Swim Lessons 9 :30-11 :40 Lane 1 or 6</p> <p>POOL CLOSSES 5:30PM</p>

There is generally at least 1 lane available for lap swimming throughout each day

Fall 1 Swim Lessons are held 9/19-11/1

****private swim lessons may use lanes at any given time**