

## LONDONDERRY Lap Pool \*\*effective 11/11/24-2/14/25

| MONDAY<br>5AM-10PM                          | TUESDAY<br>5AM-10PM                      | WEDNESDAY<br>5AM-10PM                   | THURSDAY<br>5AM-10PM   | FRIDAY<br>5AM-9PM  | SATURDAY<br>6AM-6PM                         | SUNDAY<br>6AM-6PM                      |
|---|--|---|--|--|---|--|
|   | 6AM – 7AM<br>LANES 2-5<br>GSP MASTERS    |   | 6AM – 7AM<br>LANES 2-5<br>GSP MASTERS                            |  | 7AM-8:15AM<br>LANES 1-5<br>GSP MASTERS      | 7AM-8:15AM<br>LANES 1-5<br>GSP MASTERS |
| 9:30AM -<br>10:30AM<br>LANES 4-6 QUA<br>FIT |  | 9AM – 10AM<br>LANES 4-6<br>AQUA FIT     |  | 9-10 AM<br>LANES 4-6<br>AQUA FIT                                     | 8:30AM-9:30AM<br>LANES 4-6<br>AQUA FIT      | 9AM-10AM<br>LANES 4-6<br>AQUA FIT      |
| 3:15-5:00                                   | 2:30-3:45<br>PA Swim Team<br>Lanes 1-6   | 3:15-5:00<br>LHS Swim Team<br>Lanes 1-6 | 2:30-3:45<br>PA Swim Team<br>Lanes 1-6                           | Swim Lessons<br>8:30-10:05am<br>Lane 1<br>3:15-5:00<br>LHS Swim Team | Swim Lessons<br>9 :30-11 :55<br>Lane 1 or 6 |  |
| LHS Swim Team Lanes 1-6                     | 3:45-5:15<br>LHS Swim Team<br>Lanes 1-6  | Lanes 1-0                               | 3:45-5:15<br>LHS Swim Team<br>Lanes 1-6                          | Lanes 1-6  |   |  |
| 5:00-7:30<br>RAYS Swim Team<br>Lanes 1-5    | 5:15-8:30<br>RAYS Swim Team<br>Lanes 1-5 | Swim Lessons<br>5 :15-7 :45<br>Lane 1   | Swim Lessons 5:10-6:45 Lane 6 5:15-8:30 RAYS Swim Team Lanes 1-5 | LHS Swim Meets 12/6 12/13 1/3 1/10 1/24 1/31                         | PA & AHS Swim<br>Meets<br>1/11<br>1/18      |  |
| POOL CLOSES<br>9:30PM                       | POOL CLOSES<br>9:30PM                    | POOL CLOSES<br>9:30PM                   | POOL CLOSES<br>9:30PM  | POOL CLOSES<br>8:30PM  | POOL CLOSES<br>5:30PM                       | POOL CLOSES<br>5:30PM                  |

**High School Swim Practices begin Monday 11/18** 

All lanes are used from approximately 2:30-5:15 for HS swim practices.

Fall 2 Swim Lessons are held 11/6-12/22

\*\*no swim classes 11/27-12/1 for Thanksgiving break

\*\*private swim lessons may use lanes at any given time