

workout beyond fitness.



LONDONDERRY Warm Water Pool effective 2/17/25 *this pool may be used for private swim lessons at various times during the week***

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
5AM-OPEN	5AM-OPEN	5AM-OPEN	5AM-OPEN	5AM – OPEN	6AM-OPEN	6AM-OPEN
8AM-9AM MOVING EASY	<p>Use of the warm water pool is limited to adults and families with children 5&Under.</p> <ul style="list-style-type: none"> • There is NO diving or jumping allowed • Pool toys are not to be taken from the lesson equipment bin. • Priority is given to adults & classes 		<p><i>**make up 2/20/25</i></p> <p>4:30-6:10pm Swim Lessons</p>	8AM – 9AM MOVING EASY		<p><i>**make ups 2/23 & 3/2/25</i></p> <p>10:15-11:20am Swim Lessons</p>
POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 9:30PM	POOL CLOSSES 8:30PM	POOL CLOSSES 5:30PM	POOL CLOSSES 5:30PM

Spring 1 Swim lessons will be held March 3-April 13, 2025