

LONDONDERRY Lap Pool **effective 6/16/25

MONDAY 4:30AM-10PM	TUESDAY 4:30AM-10PM	WEDNESDAY 4:30AM-10PM	THURSDAY 4:30AM-10PM	FRIDAY 4:30AM-9PM	SATURDAY 5:30AM-6PM	<u>SUNDAY</u> 5:30AM-6PM
	6AM – 7AM LANES 2-5 GSP MASTERS		6AM – 7AM LANES 2-5 GSP MASTERS		7AM-8:15AM LANES 1-5 GSP MASTERS 8:30AM-9:30AM	7AM-8:15AM LANES 1-5 GSP MASTERS
9:30AM - 10:30AM LANES 4-6 A QUA FIT *a 4 th lane may be used depending on class size		9AM – 10AM LANES 4-6 AQUA FIT *a 4 th lane may be used depending on class size		9-10 AM LANES 4-6 AQUA FIT *a 4 th lane may be used depending on class size	LANES 4-6 AQUA FIT 	LANES 4-6 AQUA FIT
Ninja Camp 11-12:00pm **starting 6/23	Ninja Camp 11-12:00pm **starting 6/23	Ninja Camp 11-12:00pm **starting 6/23	Ninja Camp 11-12:00pm **starting 6/23	Ninja Camp 11-12:00pm **starting 6/23		
RAYS Swim Team 4:30-5:30 Lanes 1-4 RAYS Swim Team 5:30-7:00 Lanes 1-6	RAYS Swim Team 5:00-7:00 Lanes 1-5		RAYS Swim Team 5:00-8:30 Lanes 1-5	RAYS Swim Team 5:00-7:00 Lanes 1-5		
POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 9:30PM	POOL CLOSES 8:30PM	POOL CLOSES 5:30PM	POOL CLOSES 5:30PM

Summer Swim Lessons will be held 7/7/25-8/17/25

**private swim lessons may use lanes at any given time

Members are asked to share lanes when necessary.

Families and children are welcome to use the lap pool when lanes are open