

LONDONDERRY Lap Pool **effective 5/8/25

| MONDAY 5AM-10PM | TUESDAY 5AM-10PM | WEDNESDAY 5AM-10PM | THURSDAY 5AM-10PM | FRIDAY 5AM-9PM | SATURDAY 6AM-6PM | SUNDAY 6AM-6PM |
|---|---|---|---------------------------------------|---|---|---|
| | 6AM – 7AM LANES 2-5 GSP MASTERS | | 6AM – 7AM LANES 2-5 GSP MASTERS | | 7AM-8:15AM LANES 1-5 GSP MASTERS | 7AM-8:15AM LANES 1-5 GSP MASTERS |
| 9:30AM - 10:30AM LANES 4-6 | | 9AM – 10AM LANES 4-6 | | 9-10 AM LANES 4-6 | 8:30AM-9:30AM LANES 4-6 AQUA FIT | 9AM-10AM LANES 4-6 AQUA FIT |
| *A QUA FIT *a 4 th lane may be used depending on class size | | AQUA FIT*a 4 th lane may be used depending on class size | | *a 4 th lane may be used depending on class size | Swim Lessons 10 :45-11 :30 Lane 6 | Swim Lessons 9:45-11:30 Lane 1 and/or 6 |
| RAYS Swim Team 4:30-5:30 Lanes 1-4 RAYS Swim Team 5:30-7:00 Lanes 1-6 | RAYS Swim Team 5:00-7:00 Lanes 1-5 | Swim Lessons 5:00-7:30 Lane 6 | RAYS Swim | RAYS Swim Team 5:00-7:00 Lanes 1-6 | | |
| POOL CLOSES 9:30PM | POOL CLOSES 9:30PM | POOL CLOSES 9:30PM | Lane 6 POOL CLOSES 9:30PM | POOL CLOSES 8:30PM | POOL CLOSES 5:30PM | POOL CLOSES 5:30PM |

Spring 2 Swim Lessons will be held 5/3/25-6/16/25

**private swim lessons may use lanes at any given time

Members are asked to share lanes when necessary.

Families and children are welcome to use the lap pool when lanes are open